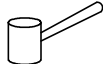# PRATICO END LIFT UP QUEEN BED

Simple Assembly Instruction - Please keep for future reference
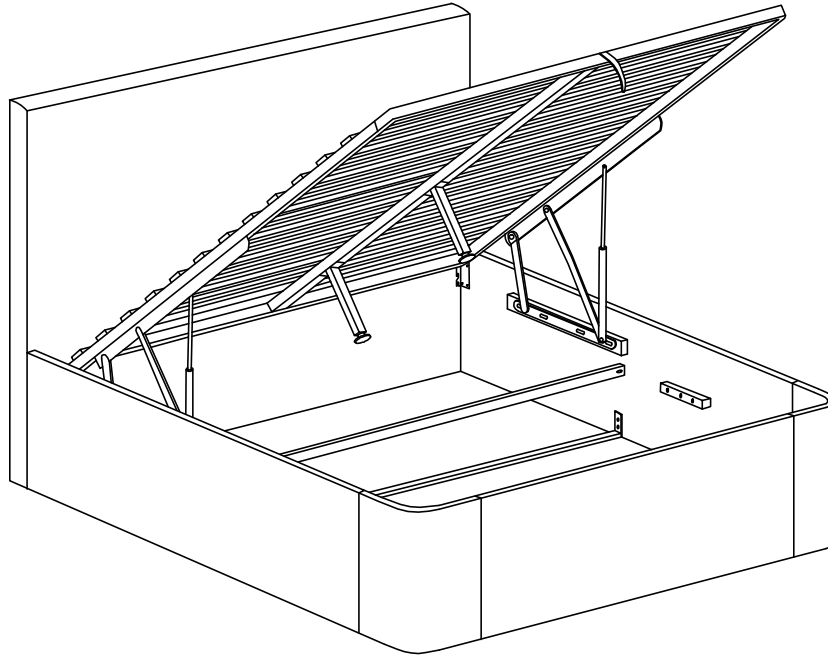
IMPORTANT

1) Read these instruction carefully and familiarise yourself with the procedure before assembling the unit.

2) Check that you have all the component parts following the list on the back cover and familiarise yourself with each part before proceding.

3) Take all the fitting out of the plastic bag and separate them into their groups.

4) Ensure you have enough space to layout all the parts before assembly.

5) To avoid scratching it is recommended that you assemble the unit on a soft level surface.

	30 - 45 MIN		NOT SUPPLIED

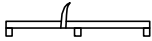**TWO PEOPLE ARE NEEDED TO ASSEMBLY THIS BED.**

COMPONENTS
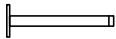
01 2 X LONG METAL FRAME

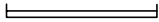02 1 X SHORT METAL FRAME
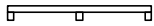
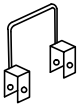03 1 X SHORT METAL FRAME (WITH BELT)

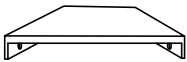04 1 X CENTER RAIL

05 2 X SUPPORT LEG
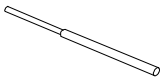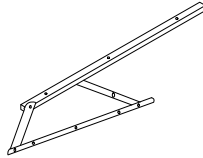
06 1 X SUPPORT RAIL

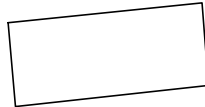07 2 X MATTRESS BLOCKER

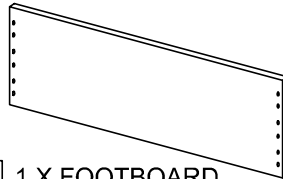08 2 X CORNER PLATE

09 2 X GAS PUMP
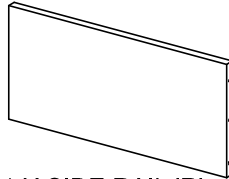
10 2 X MECHANISM

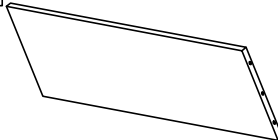11 30 X SPRING SLAT

12 1 X BLACK WOVEN FABRIC
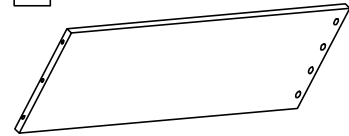
13 1 X HEADBOARD
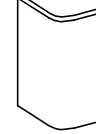
14 1 X FOOTBOARD

15 1 X SIDE RAIL 'R'

16 1 X SIDE RAIL 'L'

17 1 X CORNER 'R'
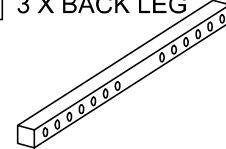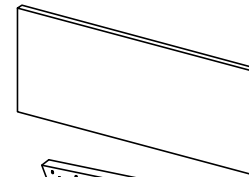
18 1 X CORNER 'L'

19 1 X CENTER WOOD

20 3 X BACK LEG

21 2 X SUPPORT WOOD
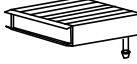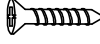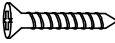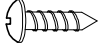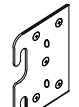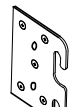
22 1 X HEAD PANEL

23 2 X SIDE RAIL SUPPORT

FITTINGS

A SCREW M8 x 25MM — 22 PCS	**B** M8 SPRING WASHER — 18 PCS	**C** WASHER 8 x 16MM — 18 PCS
D SCREW M6 x 16MM — 16 PCS	**E** M6 SPRING WASHER — 16 PCS	

F WASHER 6 x 13MM — 40 PCS	**G** SIDE SLAT STOPPER — 30 PCS	**H** CENTER SLAT STOPPER — 15 PCS
I ALLEN KEY M5 — 1 PCS	**J** SPANNER 13MM — 1 PCS	

K JCN NUT M8 x 19MM — 4 PCS	**L** SCREW M6 x 60MM — 32 PCS	**M** SCREW M4 x 28MM — 32 PCS
N SCREW M8 x 16MM — 24 PCS	**O** BARREL NUT — 8 PCS	

P M10 x 30MM — 40 PCS	**Q** SCREW M4 x 30MM — 8 PCS	**R** PAN SCREW M4 x 20MM — 4 PCS
S SCREW M4 x 16MM — 40 PCS	**T** ALLEN KEY M4 — 1 PCS	

U BRACKET 'L' — 4 PCS	**V** BRACKET 'R' — 4 PCS

STEP 1
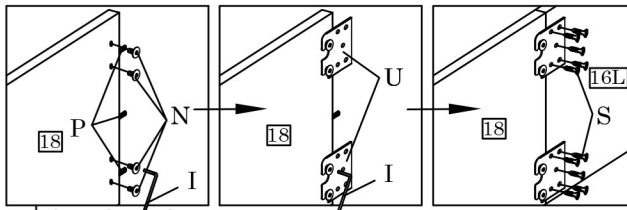
Do not use the top P wooden dowels on the corner to L and R connections as this is not necessary and is a higher pressure point.
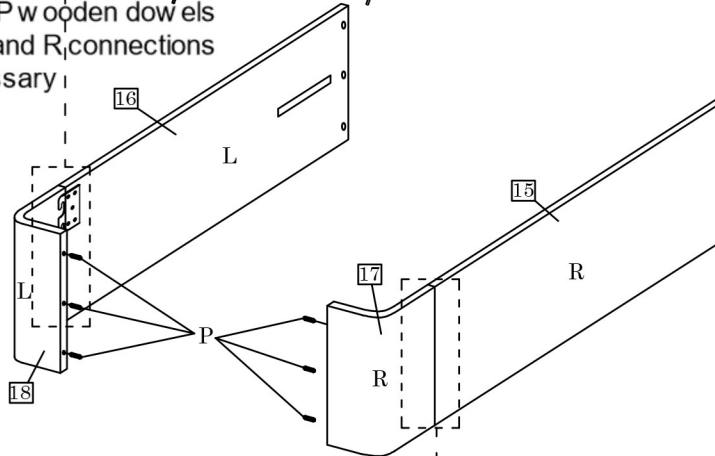
Please be careful when screwing in the brackets as over tightening can crack the panels
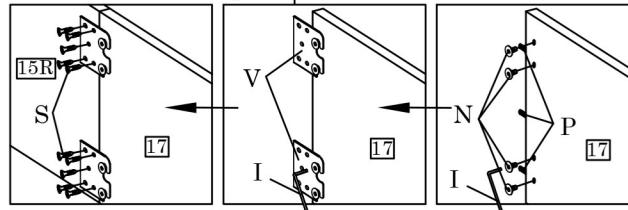
I		
M5 Allen Key		1 PCS
N		
JCBB M8 x 16mm		8 PCS
P		
8 of 12 to be used M10 x 30mm		12 PCS
S		
M4 x 16mm		20 PCS
U		
Bracket 'L"		2 PCS
V		
BracketN 'R"		2 PCS

STEP 2
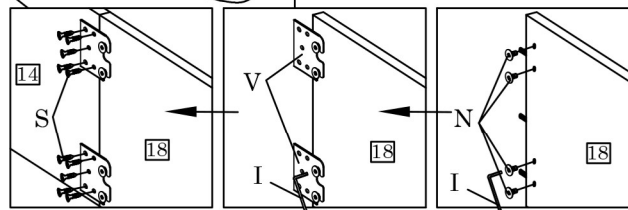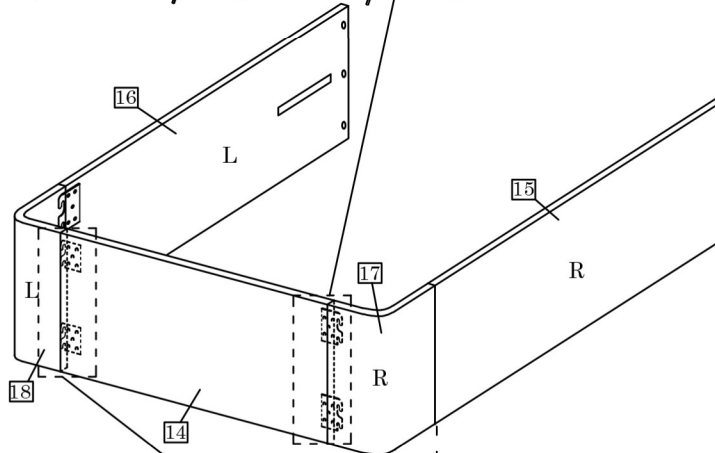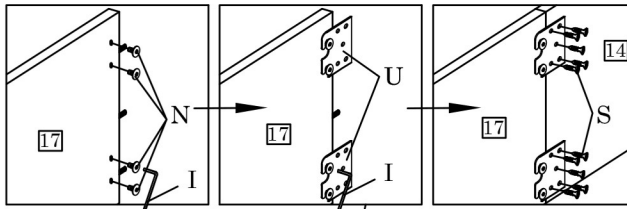
I		
M5 Allen Key		1 PCS
N		
JCBB M8 x 16mm		8 PCS
S		
M4 x 16mm		20 PCS
U		
Bracket 'L"		2 PCS
V		
BracketN 'R"		2 PCS

STEP 3
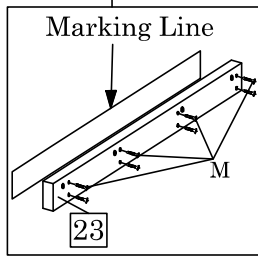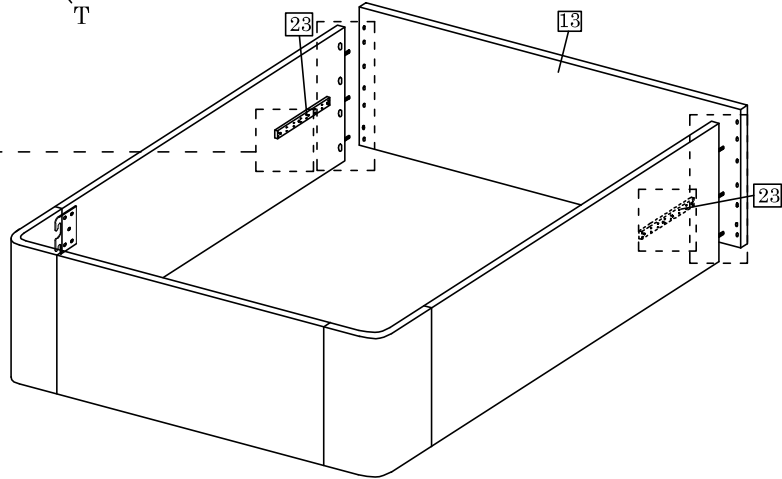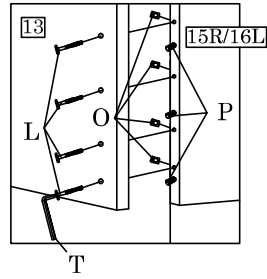
L		
M6 x 60mm		8 PCS
O		
Barret Nut		8 PCS
P		
M10 x 30mm		6 PCS
T		
M4 Allen Key		1 PCS
M		
M4 x 28mm		32 PCS

13   15R/16L

L   O   P

T

23   13

23

Marking Line

M

23

STEP 4
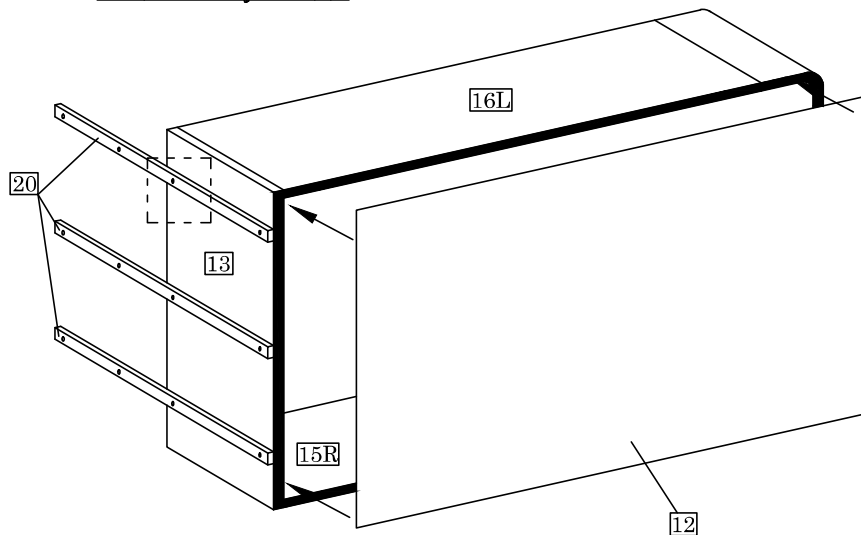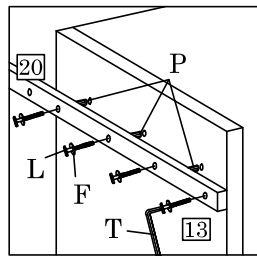
F		
Washer 6 x 13mm		12 PCS
L		
M6 x 60mm		12 PCS
P		
M10 x 30mm		9 PCS
T		
M4 Allen Key		1 PCS

20   P

L   F

T   13

16L

20

13

15R

12

STEP 5

! IMPORTANT !
For Part 22 Headboard attachment. Make sure to insert the washer (F) and spring washer (E) these are required. Do not over tighten the bolt (L) otherwise you can damage the headboard.
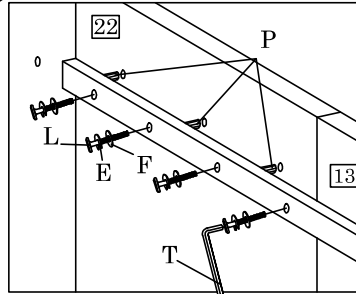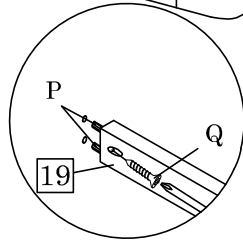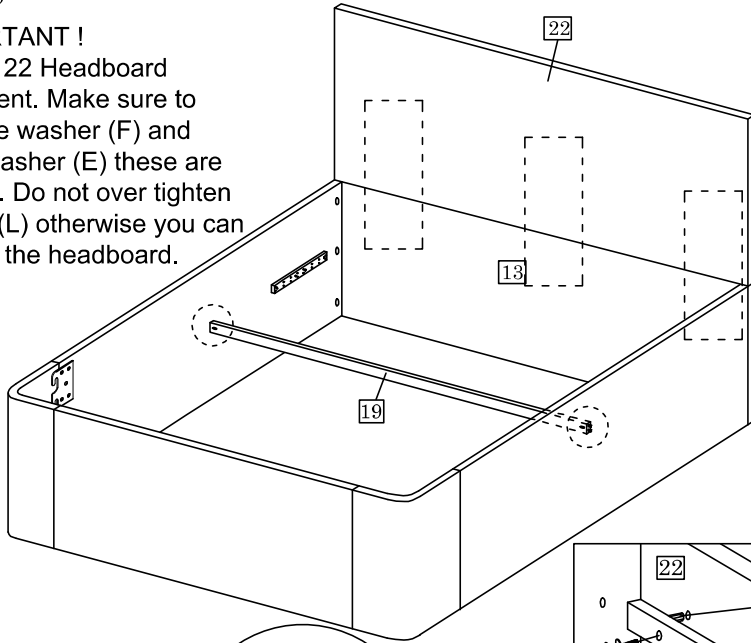
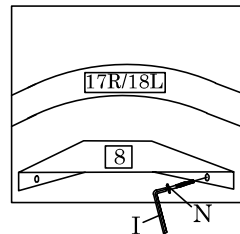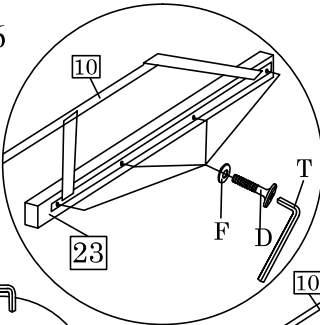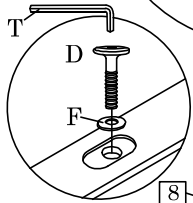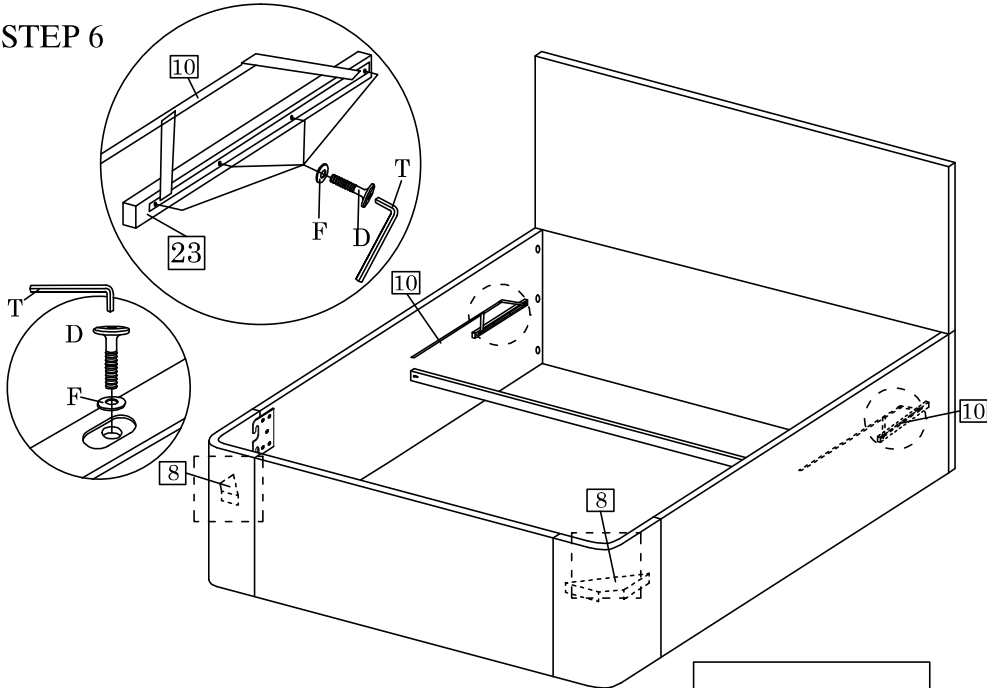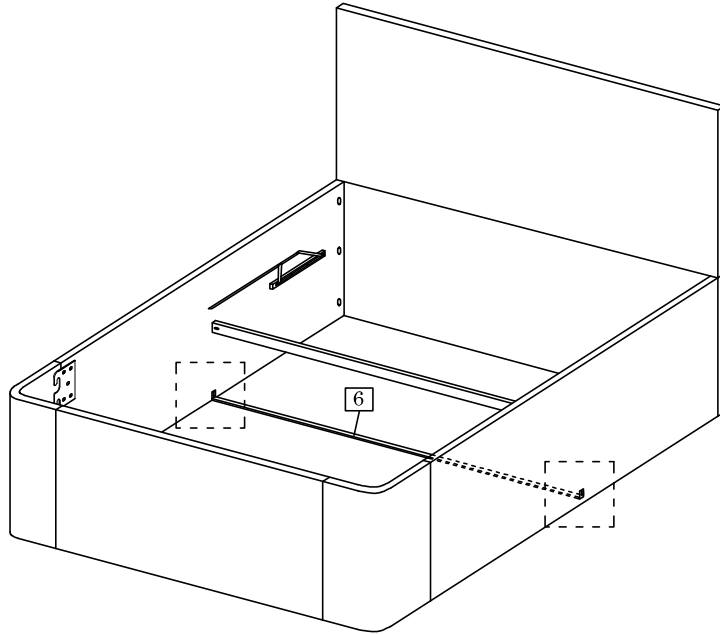|		
E	M6 Spring Washer	12 PCS
F	Washer 6 x 13mm	12 PCS
L	M6 x 60mm	12 PCS
P	M10 x 30mm	13 PCS
Q	M4 x 30mm	2 PCS
T	M4 Allen Key	1 PCS

STEP 6

F	Washer 6 x 13mm	12 PCS
I	M5 Allen Key	1 PCS
D	M6 x 16mm	12 PCS
N	M8 x 16mm	8 PCS
T	M4 Allen Key	1 PCS

17R/18L

STEP 7

15R/16L

R

6
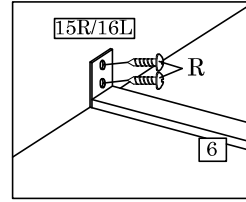
STEP 8

A		
M8 x 25mm		12 PCS
B		
SPRING WASHER M8		12 PCS
C		
WASHER M8 x 16MM		12 PCS
I		
M5 Allen Key		1 PC

2

1

4

1

3

2&3

C
B
A

I

1&4
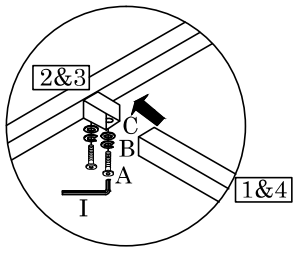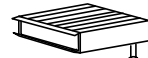
STEP 9
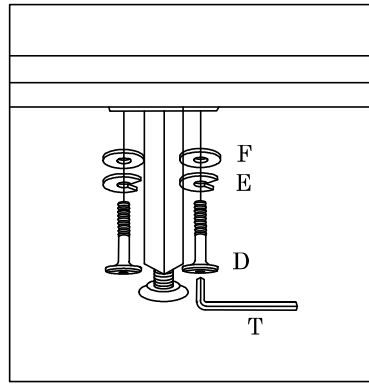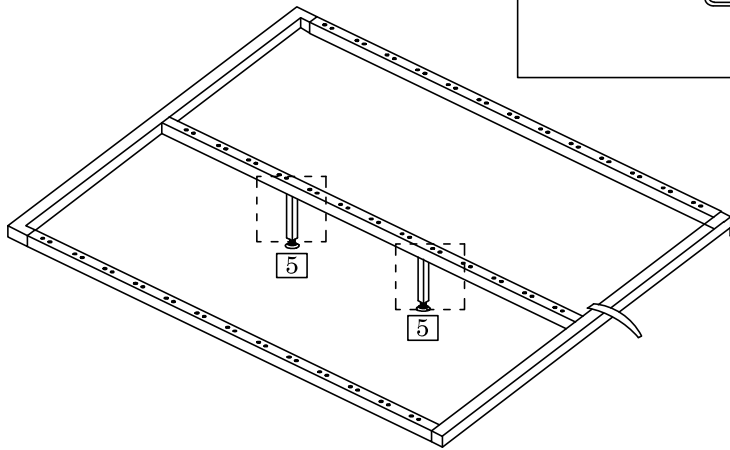
D	
M6 x 16mm	4 PCS

E	
SPRING WASHER M6	4 PCS

F	
WASHER M6	4 PCS

T	
M4 Allen Key	1 PC

F
E
D
T

5
5
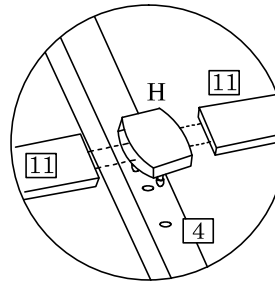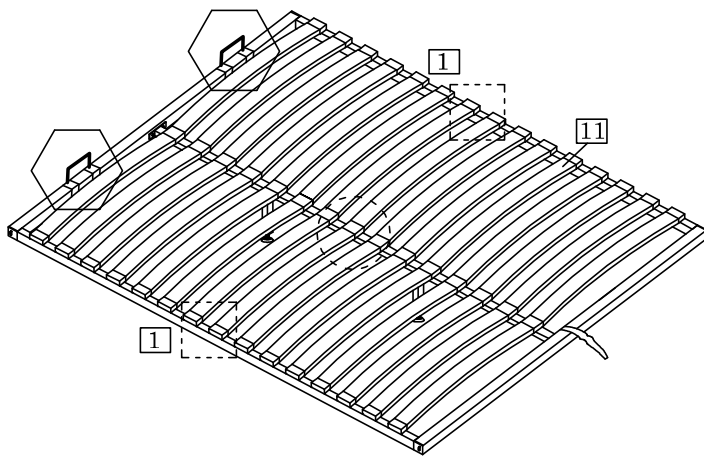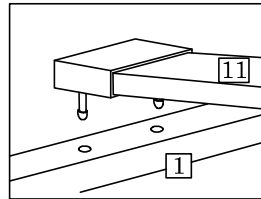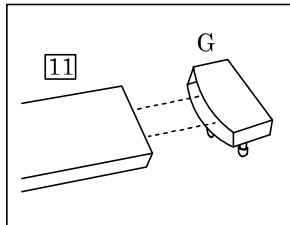
STEP 10

A	
M8 x 25mm	4 PCS

G	
SIDE SLAT STOPPER	30 PCS

H	
CENTER SLAT STOPPER	15 PCS

K	
M8 x 19mm	4 PCS

11
G
11
1

H
11
11
4

1
11
1

7
K
2
1
A

STEP 11

A		B		C		J	
M8 x 25mm	6 PCS	SPRING WASHER M8	6 PCS	WASHER M8 x 16MM	6 PCS	SPANNER	1 PCS

I	
M5 Allen Key	1 PC

1

10

C
B
A

I

10

9

J
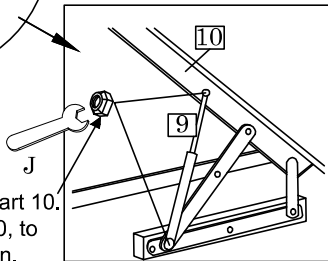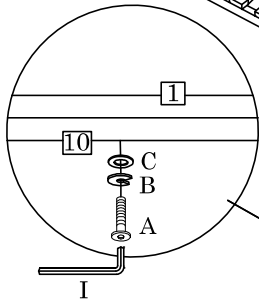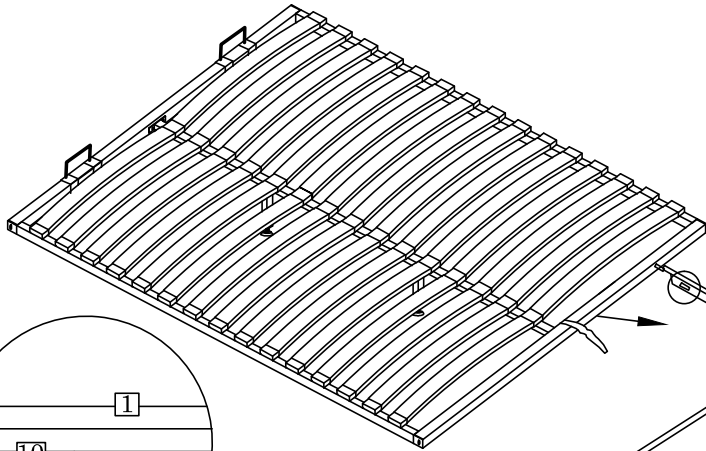
This nut is pre-fix on part 10.
Remove it from Part 10, to
assembly as per shown.

Q

SCREW
M4 x 30MM

6 PCS
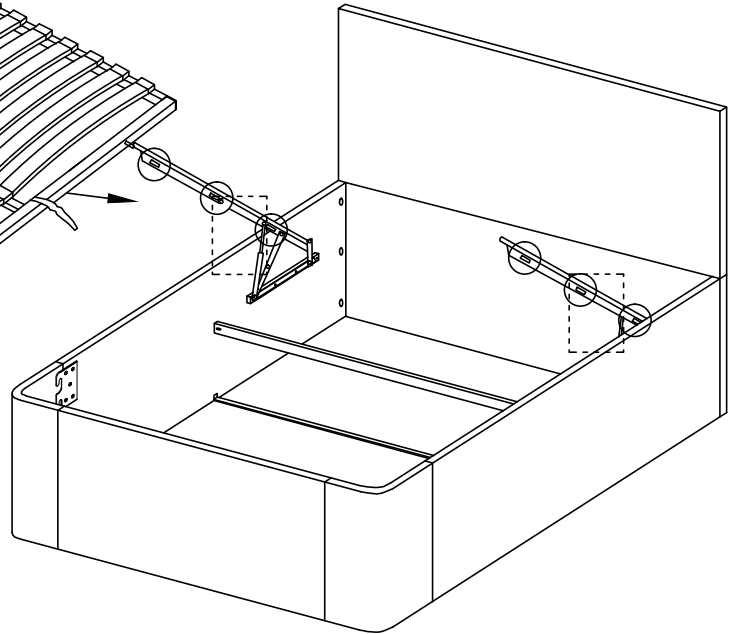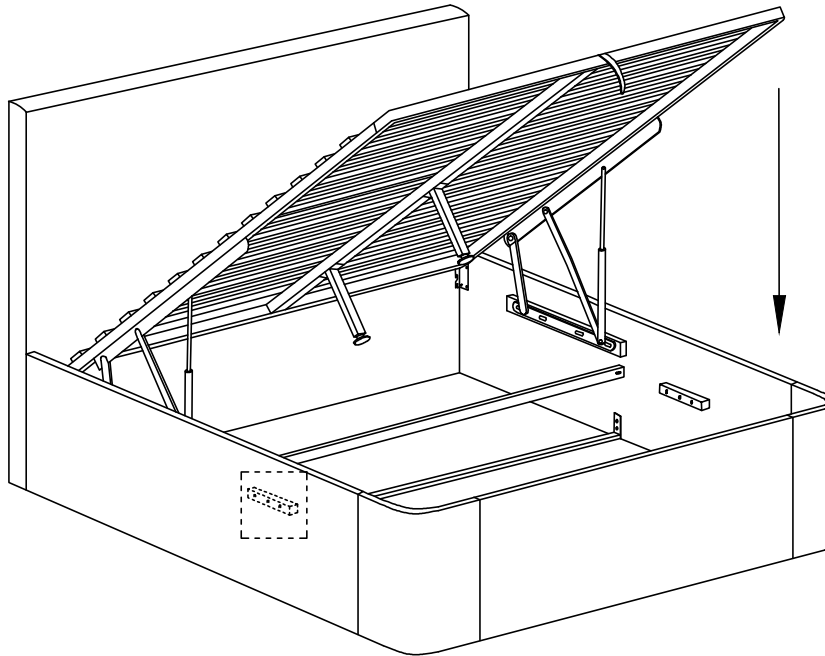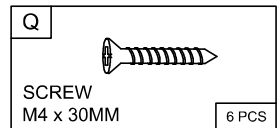
1. Lower down the base.
2. Mark the position of bottom of base.
3. Assemble the Support wood, make sure it is right under
   the base frame, for better support.

Q

1

21

View our online guide with video:
https://expandfurniture.com/pratico-guide/

Other Notes. The Piston/Gas pump (item 9) cannot be compressed by hand. You install this with the bed frame raised. You then place your mattress on the raised frama to lower the system.
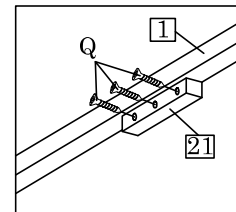
During Step 12 the frame can be adjusted a bit to move forward or backward. Adjust this appropriately so the bed frame does not touch the end board.

You have ~13.75 inches of clearance on the bed for storage and 1 area where you have 10 inches (under the brace bar). Do no exceed this height or you could damage your stored goods. There are also metal support bars which you should be aware of. We suggest marking the areas in the storage base so you don't put anything in the way.